

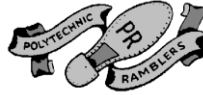
The Polytechnic Rambling Club

In association with THE UNIVERSITY OF WESTMINSTER

Founded 1885

Affiliated to the Ramblers' Association (Inner London Area)

Affiliated to HF Holidays



Programme Co-ordinators

Susan James 07763 131145 susan271@btinternet.com Jennifer Mackenzie

PROGRAMME OCTOBER 2021-JANUARY 2022

SAT 2nd OCTOBER CHORLEYWOOD CIRCULAR 10 miles *Up and down all day but gently so (except maybe, towards the end, for the 100yds climbing back out of the Chess valley) but stops to get one's breath back are in any case advisable because of the view.* Lunch at The Red Lion in Chenies or picnic on a nearby grass verge. Buy OPDR to Chorleywood. Dep. Marylebone 9.57 arr. Chorleywood 10.24 (or dep. Amersham 1011 arr 1018) EX. 172 Leader Andrew

TUES 5th OCTOBER ANGEL to FARRINGDON (Linear)

Walk on top of the New River and pass interesting buildings between Angel and Farringdon. Meet 18.00 outside Angel tube station (Northern line – Bank branch).

2 miles. Dominique

FRI 8th to MON 11th OCTOBER SWANAGE WEEKEND The Youth Hostel is now fully booked. If you wish to join, please book your own accommodation and let Danny know.

SAT 9th OCTOBER LOUGHTON (Circular). 7 miles. Zone 6.

Autumn in Epping Forest. Relax and de-stress with nature. Possibly autumn tints and interesting fungi! Meet at 10.30 at Loughton station. (~36 mins from Oxford Circus on Epping branch of Central line). Lunch stop at High Beach. Bring picnic although there is a possibility of PH, or kiosks for tea and coffee etc.). EX 174. Leader: Pam

SAT 16th OCTOBER WEST HUMBLE to GOMSHALL, via SHERE (Linear). Approx. 9 miles. *A good chunk of the North Downs Way. Mostly wooded so a good walk for reducing cortisol levels but not so good for those suffering from Dendrophobia. Lots of lovely views through to the South Downs.* Bring a picnic and we will have time for the tea shops in Shere. Meet at London Bridge, OPDR to Dorking Stations with a single from Gomshall to Dorking Stations. Train leaves at 9.25, arr BH & WH at 10.28. Ex. 145/146. Leader Harriet.

SAT 23rd OCTOBER GODALMING CIRCULAR (via Watts Chapel, beautiful Arts & Crafts masterpiece) 10 miles *Fairly flat walk in scenic Surrey.* Lunch at Watts gallery tea shop or bring a picnic. Buy OPDR from Waterloo dep. 9.45 arrives Godalming 10.34 (Clapham Jct 9.52) £14.10 or £9.55 with Oyster from Z6 (Surbiton). OS EX 145. Leaders Stephen and Rochelle

SAT 30th OCTOBER STANMORE CIRCULAR (5 miles) *Explore the countryside north of Stanmore with the view from Stanmore Hill. At 152m it is one of the highest points in London. On a clear day, you will see for 20 miles taking in Canary Wharf, the Shard and Wembley Stadium. The walk then joins the London Loop into the grounds of Bentley Priory, passing a deer sanctuary before returning to Stanmore.* Meet Stanmore Station (Jubilee Line) 11 am Lunch arrangements tbc. EX 175 Leaders Nita and Carol

SAT 6th NOVEMBER RICHMOND TO OSTERLEY (Linear) Approx. 6 miles. *A gentle west London suburban walk that touches three parks. From Richmond Hill village to Holm Court (once Van Gogh's residence) in Isleworth, then walk via the edge of Syon Park to Osterley Park, following a path to Ray Smith's sculpture 'The Ramblers'.* Meet Richmond Station 10:30. Picnic lunch or in the London Apprentice. EX 161. Leader Ida

SAT 13th NOVEMBER ANGEL to LIMEHOUSE along the REGENTS CANAL (Linear) 6.5 miles
A canal side walk through north and east London starting with the Hanging Gardens of Islington and along the edge of Victoria Park, finishing at Limehouse Basin and the Thames. It is possible to also finish at Mile End. A largely flat walk. Meet at 11.00 at Angel Tube Station ticket barrier (zone 1 Northern line) Finish Lime House Station on the DLR line. Cafes and pubs on route please also bring a snack if eateries are busy. Oyster travel card Freedom pass (zone 1 and 2 plus your start zone) Leader Hilary (07814 512 184)

SUN 14th NOVEMBER LONDON LOOP SECTION 17 COCKFOSTERS TO ENFIELD LOCK (Linear) 9.4 miles *A rural section through an area alive with history. Passing Trent Park, once the home of the Sassoon family, through the farmland of Enfield Chase, Hilly Fields Park and the Forty Hall Estate. Gentle ups and downs, two high-stepped footbridges and five stiles. The walk is mostly on rough paths, tracks and grassland.* Meet 10am at Cockfosters tube station. Pubs and cafes at Trent Park, Forty Hall, Clay Hill, Turkey Street and Enfield Lock, and public toilets at both ends of Trent Park and at Forty Hall. This is the first section for those who would like to complete the entire London Loop walking clockwise. Lunch tbc. EX.173 Leader Jackie

SAT 20th NOVEMBER BERKHAMSTED to TRING (Linear) 6.2 miles. *Walk along the Grand Union Canal then up through fields to Wigginton. After lunch there is a fairly short walk through more fields and over the A41 to Tring station.* Meet at Euston station. Buy OPDR to Tring. Northampton train, dep 10.24, Berkhamsted 10.51. Lunch The Greyhound Inn, Wigginton or bring a picnic. EX/LR 181. Leader: Sandy

SUN 21st NOVEMBER St. JAMES'S PARK TO KENSINGTON GARDENS with the LONDON BLIND RAMBLERS (Linear) 4 miles. *Level walk through four varied parks and gardens with noisy birdlife and skirting the Diana Princess of Wales Memorial Playground at Kensington Palace.* As always, we need you to come and help guide our blind friends! Please let Pam know if you are able to join us. As before, obviously, if we don't have enough helpers the walk can't go ahead. Meet at St James's Park station on the District Line (Park and Broadway exit) at 11am. There are various watering-holes along the way for refreshment or a late lunch/picnic at the end of the walk depending on the weather!! Leader: Pam

SAT 27th NOVEMBER GREAT WELLS at GREAT AMWELL (circular) 6.5 miles. *Starting in the Lea Valley from St Margarets to Great Amwell, to Hertford Heath, passing Haileybury College. A few monuments and a small section of Ermine Street.* Meet Liverpool Street Station. Buy Super OPDR to St Margarets. Train departs 9.42 (Tottenham Hale 9.55), arrives St Margarets 10.21 where the leader will meet the group. No indication of engineering work but check nearer the time of the walk. Lunch and pub stop in Hertford Heath. EX 174. Leader: Dominique

SAT 4th DECEMBER 8pm: THE POLY RAMBLERS ZOOM QUIZ IS BACK! New quizzers very welcome. Contact Gillian (07719452023) for more information. Joining details nearer the time.

SUN 5th DECEMBER BRIXTON to CRYSTAL PALACE (Linear) 10.5 miles *An easy walk visiting a number of South London's most attractive parks, together with a good woodland stretch, ending at the historic Crystal Palace site with plenty of drop-out points should you wish to shorten it. Most of the route is hard-surfaced; however, the wooded section can be quite muddy.* Meet outside Brixton station 10.00. Lunch tbc. EX 161. Leader Susan (07763 131145)

SUN 12th DECEMBER CLUB XMAS LUNCH: FREEMASONS ARMS, COVENT GARDEN

A menu and booking form will be circulated in due course. Danny will lead a short pre-lunch walk in the vicinity of the pub details tbc.

SUN 19th DECEMBER VAUXHALL to KINGS CROSS via TRAFALGAR SQUARE (Linear) 6 miles.

Walk through the Vauxhall Pleasure Gardens, across Lambeth bridge and along the Thames to Trafalgar Square (hopefully with a Xmas Tree), up towards St Martins Lane and High Holborn. Lunch in Russell Square where there is a cafe before arriving at Kings Cross and an exploration of Granary Square and Gaslight Park where the walk finishes. Meet outside Vauxhall overground Station at 10.45 am. Leader Hilary (07814512184)

MON 27th DECEMBER CIRCULAR WALK IN THE VICINITY OF OSTERLEY PARK 6.5 miles

A leisurely post-Christmas walk past Osterley House and along the Grand Union Canal.

Meet at Osterley tube station (Piccadilly line zone 4) at 11.00. Lunch at the 'Hare & Hounds' PH in Osterley Park. EX161. Leader: Danny (07907-346957)

SUN 2nd JANUARY A STROLL THROUGH CHARLES DICKENS' LONDON - WESTMINSTER TO FARRINGDON

5.5 miles approx. *A leisurely paced walk taking in some sites and locations associated with Charles Dickens and his novels.* Meet at Westminster station at 11am. Finish at Farringdon. Lunch arrangements TBC. Leaders Gillian and Stuart (07719452023)

MON 3rd JANUARY SECTIONS 18&19 of the LONDON LOOP ENFIELD LOCK to CHIGWELL (Linear) 8 miles

Walk along London's waterways and through wooded countryside, through Epping Forest and Roding Valley Meadows Nature Reserve. Mostly flat but a couple of stiff climbs rewarded by magnificent views. Cafes and public toilets at Enfield Lock and Chingford. Lunch stop tbc. Meet Enfield Lock station at 10am. Trains from Liverpool Street, check times nearer the time. EX 174. Leader Jackie

SAT 8th JANUARY OTFORD to EYNSFORD (Linear) 8.8 miles. *A lovely walk through three villages steeped in history, past a ruined palace, two castles and a Roman villa, at times alongside the River Darent, or through fields and woods. After lunch we walk through Lullingstone Park, with some fine views of the Darent valley, to Eynsford. Lunch in Shoreham tbc. Buy an OPDR from Victoria to Eynsford. Meet at Victoria. Train dep. Victoria at 9.25. Arr. Otford at 9.59. Maps: EX147 & EX162. Leaders Mary and Chris*

SUN 16th JANUARY CHORLEYWOOD TO CHESHAM (Linear) 8.5 miles *Easy walking on paths and lanes with 250 metres of ascent. Meet at Marylebone. Aylesbury train departs 09.57, Harrow 10.09, arrives Chorleywood 10.24. Lunch arrangements tbc. Expect mud. EX 172/181. Return from Chesham. All travel in Oyster/Freedom Pass zones. Leaders Gillian and Stuart (07719452023) who will meet the group at Chorleywood.*

FRI 21st to MON 24th JANUARY SNOW WALKING WEEKEND Dependent on travel and other covid restrictions, we hope to resume snow walking in 2022. Details to follow.

SAT 22nd JANUARY BELOW WINDSOR CASTLE (circular) 8 miles. *Flat walk via Eton Wick, Eton, Windsor and Thames Path, taking in gap of countryside between Slough and Windsor. Meet Paddington stn. Buy OPDR to Slough. Tfl Reading train dep 1013 arr Slough 1044. Lunch tba at Eton Wick. OS LR 175 or EX 160. Leader Geoffrey*

SAT 29th JANUARY INGREBOURNE VALLEY. (linear) (7.3 miles). *Easy walking through grassland, woodland, marshland and fenland via a series of linked green spaces along the Ingrebourne River with the chance to see relics from RAF Hornchurch days. Meet Hornchurch District Line Station 10.15, finish Upminster DL station. Lunch arrangements tbc. EX 175. Leaders Sunita and Jennifer*